



# MARCH 2025

YOLO YMCA 1300 College Street ymcasuperiorcal.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	<b>3</b> 9:00 - 9:50 am Chair Yoga 11:00 - 1:00 pm Open Pickleball  9:00 - 5:00 pm Fitness equipment	4	<b>6</b> 10:00 - 10:50 am Yoga 11:00 - 11:50 am Line Dancing 12:00 - 2:00 pm Open Pickleball 9:00 - 5:00 pm Fitness equipment	6	<b>7</b> 9:00 - 9:50 am Chair Yoga 11:00 - 1:00 pm Open Pickleball  9:00 - 5:00 pm Fitness equipment	8
9	<b>10</b> 9:00 - 9:50 am Chair Yoga 11:00 - 1:00 pm Open Pickleball  9:00 - 5:00 pm Fitness equipment	11	<b>12</b> 10:00 - 10:50 am Yoga 11:00 - 11:50 am Line Dancing 12:00 - 2:00 pm Open Pickleball 9:00 - 5:00 pm Fitness equipment	13	<b>14</b> 9:00 - 9:50 am Chair Yoga 11:00 - 1:00 pm Open Pickleball  9:00 - 5:00 pm Fitness equipment	15
16	<b>17</b> 9:00 - 9:50 am Chair Yoga 11:00 - 1:00 pm Open Pickleball  9:00 - 5:00 pm Fitness equipment	18	<b>19</b> 10:00 - 10:50 am Yoga 11:00 - 11:50 am Line Dancing 12:00 - 2:00 pm Open Pickleball 9:00 - 5:00 pm Fitness equipment	20	<b>21</b> 9:00 - 9:50 am Chair Yoga 11:00 - 1:00 pm Open Pickleball  9:00 - 5:00 pm Fitness equipment	22
23	<b>24</b> 9:00 - 9:50 am Chair Yoga 11:00 - 1:00 pm Open Pickleball  9:00 - 5:00 pm Fitness equipment	25	<b>26</b> 10:00 - 10:50 am Yoga 11:00 - 11:50 am Line Dancing 12:00 - 2:00 pm Open Pickleball 9:00 - 5:00 pm Fitness equipment	27	<b>28</b> 9:00 - 9:50 am Chair Yoga 11:00 - 1:00 pm Open Pickleball  9:00 - 5:00 pm Fitness equipment	29
30	<b>31</b> 9:00 - 9:50 am Chair Yoga 11:00 - 1:00 pm Open Pickleball  9:00 - 5:00 pm Fitness equipment					